

BPC-157

Healing & Recovery

"Body Protection Compound"

Keystone Wellness & Weight Loss Center

WHAT IS IT

BPC-157 is a synthetic peptide derived from a protective protein found in human gastric juice. It promotes tissue repair, reduces inflammation, and supports gut health by upregulating growth hormone receptors and stimulating new blood vessel formation.

KEY BENEFITS

- Accelerates healing of tendons, ligaments, and muscle tissue
- Supports gut lining repair — beneficial for leaky gut, IBS, and IBD
- Reduces systemic inflammation
- May improve joint pain and mobility
- Supports nerve regeneration and neurological health
- May improve mood and reduce symptoms of depression and anxiety
- Protects against NSAID-induced stomach damage

DOSING & ADMINISTRATION

Form Subcutaneous injection (most effective) or oral/sublingual	Typical Dose 250–500 mcg per day
Frequency Daily or as directed by provider	Cycle Length 4–12 weeks
Timing Can be taken at any time of day	Stack Often combined with TB-500 for enhanced recovery

RISKS, WARNINGS & CONTRAINDICATIONS

- Not FDA-approved — used in wellness and research settings
- Avoid if pregnant or breastfeeding
- May accelerate growth of existing tumors — avoid with active or history of cancer
- Inform provider of ALL current medications and supplements
- Side effects are generally mild: nausea, dizziness, injection site discomfort
- Consult your provider before starting if you have any chronic health conditions

WHO IS THIS FOR

Individuals recovering from injury, surgery, or chronic joint and gut issues.

IMPORTANT NOTICE

All peptide therapies at Keystone Wellness & Weight Loss Center are offered under medical supervision and require a provider consultation and medical screening prior to starting. Peptides are not FDA-approved for all uses listed above — they are used in wellness and research settings. Results vary. Requires provider consultation and screening before starting. This handout is for educational purposes only and is not intended to diagnose, treat, cure, or prevent any disease. Please call us to schedule your consultation: 610-340-4569.

To schedule your peptide consultation, please call: **610-340-4569** | All peptide appointments require phone screening prior to booking.