

GHK-Cu

Skin & Anti-Aging

"Copper Peptide — Nature's Skin Healer"

Keystone Wellness & Weight Loss Center

WHAT IS IT

GHK-Cu (Glycyl-L-Histidyl-L-Lysine Copper) is a naturally occurring copper peptide found in human plasma. It has potent regenerative, anti-inflammatory, and antioxidant properties. Levels decline significantly with age. Available as injectable and topical.

KEY BENEFITS

- ◆ Stimulates collagen and elastin production
- ◆ Reduces fine lines, wrinkles, and skin laxity
- ◆ Accelerates wound healing and tissue regeneration
- ◆ Powerful antioxidant and anti-inflammatory effects
- ◆ Supports hair follicle growth and density
- ◆ May reset gene expression toward a younger, healthier state
- ◆ Improves skin firmness, texture, and tone
- ◆ Supports nerve regeneration and cognitive health

DOSING & ADMINISTRATION

Form Subcutaneous injection or topical application	Injectable Dose 1–2 mg per dose
Frequency 3–5x per week (injectable)	Topical Applied to target areas daily
Cycle Length 8–12 weeks, then reassess	Stack Often combined with microneedling or other aesthetic treatments

RISKS, WARNINGS & CONTRAINDICATIONS

- Generally very well tolerated with minimal side effects
- Injection site redness or mild irritation may occur
- Avoid if pregnant or breastfeeding
- Inform provider of all current medications and supplements
- Not FDA-approved for systemic use — used in wellness settings

WHO IS THIS FOR

Anyone seeking to improve skin quality, support wound healing, or benefit from anti-aging cellular repair.

IMPORTANT NOTICE

All peptide therapies at Keystone Wellness & Weight Loss Center are offered under medical supervision and require a provider consultation and medical screening prior to starting. Peptides are not FDA-approved for all uses listed above — they are used in wellness and research settings. Results vary. Individual skin response may differ. Provider consultation required. This handout is for educational purposes only and is not intended to diagnose, treat, cure, or prevent any disease. Please call us to schedule your consultation: 610-340-4569.

To schedule your peptide consultation, please call: **610-340-4569** | All peptide appointments require phone screening prior to booking.